

## CROSS-COUNTRY WARM-UP STEWARD - Job Checklist

<b>What To Bring</b>	<ul style="list-style-type: none"> <li>● Chair</li> <li>● Water and snacks</li> <li>● Sunscreen</li> </ul>
<b>Check In</b>	<ul style="list-style-type: none"> <li>● Check in on <a href="#">Eventing Volunteers app</a>.</li> <li>● Pick up your materials: Order-of-Go, XC maps, stopwatch, safety vest, radio.</li> <li>● Head down to the XC Warm-Up Area and set up your station.</li> <li>● Review the order-of-go to see how many riders are in each level, which riders have multiple horses, any missing numbers, etc.</li> <li>● Check in with the start box to coordinate the timing for sending a rider to the start box.</li> <li>● Adjust the warm-up jumps at the start of each level.</li> <li>● For safety, the back rail of the oxer must have break-away cups on both ends.</li> </ul>
<b>On the Job</b>	<ul style="list-style-type: none"> <li>● Check in riders as they enter the warm-up arena. <ul style="list-style-type: none"> <li>○ Riders must wear a medical armband (on arm, not boot!) or medical wristband.</li> <li>○ Check that whips are not longer than 30".</li> <li>○ If rider is using a running martingale, check that there are rein stops on the reins.</li> </ul> </li> <li>● Inform riders of where they are in the order-of-go.</li> <li>● Send riders to the Start Box, in coordination with the starter, after the last rider has started on course.</li> <li>● Riders must go in order unless a rider has a schedule conflict because of multiple rides.</li> <li>● Keep the galloping lanes clear of spectators.</li> <li>● Ask riders to stand away from the warm-up area if they are not warming up.</li> </ul>

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<b>Check Out</b>	<ul style="list-style-type: none"><li>• Return materials to office.</li><li>• Check out on <a href="#">Eventing Volunteers app</a>.</li></ul>
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### Guidelines for setting jumps

- No part of the fences may ever be held by anyone while a horse is jumping.
- Fences may not be raised more than 10 cm (4 inches) above the maximum height permitted for the competition in progress (or about to begin), nor may the spread exceed the maximum permitted.
- Ground lines may be placed directly under, or up to 1.00 meter (3'3") in front of, the obstacle. They may not be placed even slightly on the landing side.
- The upper ends of crossed poles must always be supported by cups. If a horizontal pole is placed above crossed poles, it must be higher than the upper ends of the crossed poles.
- Fences must be jumped in the correct direction (red on right).